

April 19, 2009

Pastor Tim Wood

He's Risen: I'm Changed – Sorrow to Joy
John 20: 10-18

11) *Mary stood outside the tomb crying. As she wept, she bent over to look into the tomb* 12) *and saw two angels in white, seated where Jesus' body had been, one at the head the other at the foot.* 15) *"Woman", Jesus said, "Why are you crying? Who is it you are looking for?"* 18) *Mary Magdalene went to the disciples with the news: "I have seen the Lord!" And she told them that he had said these things to her.*

Jesus asks Mary Magdalene two questions:

1. Why are you weeping?

2. Who is it you are seeking?

Our sorrows are changed to joy when we realize Jesus is alive!

Memory Verse: Jeremiah 31:13

"I will turn their morning into gladness; I will give them comfort and joy instead of sorrow."

Discovery Bible Study:

Step 1: Read Isaiah 51:11, "The ransomed of the Lord will return. They will enter Zion with singing; everlasting joy will crown their heads. Gladness and joy will overtake them and sorrow and sighing will flee away."

Step 2: Write out this passage in your own words

Step 3: What do you discover in this passage about God's plan and purpose for our lives?

Step 4: What would God want you to do in response to this passage?

- Day 1 – John 20:10-18
- Day 2 – Isaiah 51:1-3
- Day 3 – Isaiah 51:4-11
- Day 4 – Isaiah 51:12-16
- Day 5 – Isaiah 51:17-22

Lesson: From Sorrow to Joy

1. Reading from the prophecies of Jeremiah 31:13 and Isaiah 51:11, what is God's plan for His children in Christ Jesus?
2. How does seeking and finding the risen Lord, as Mary did, replace our sorrow with joy?
3. Why do you think so many Christians struggle with real joy?
4. How would you respond to and counsel a Christ follower who still is filled with sorrow?