

Things that can Stunt Your Spiritual Growth
Colossians 2: 16-23

Quick Notes on 2: 8-15 – What we are in Christ

- ✓ Verses 9-10
- ✓ Verses 11-13
- ✓ Verses 13b – 14
- ✓ Verse 15

Beware: The following will restrict your spiritual growth:

1. Empty Legalism

Do not let anyone judge you by what you eat or drink, or with regard to a religious festival, a New Moon celebration or a Sabbath Day. (v.16)

2. Spiritual Elitism

Do not let anyone who delights in false humility and the worship of angels disqualify you for the prize. Such a person goes into great detail about what he has seen, and his unspiritual mind puffs him up with idle notions. (v. 18)

3. Binding Asceticism

Since you died with Christ to the basic principles of this world, why, as though you still belonged to it, do you submit to its rules... (v.20)